

FIRST IMPRESSIONS COUNT

It seems Paris isn't the only city for romance! If you want to impress on a first date, you might be surprised to learn that Switzerland's capital has plenty of restaurants with a special atmosphere or a "wow factor" terrace. So if love is in the air, matchmaker Trea Tijmens is here to reveal her favorite Bernese venues for wining and dining, along with some expert tips for first daters.



UPSCALE

BELLEVUE PALACE HOTEL – RESTAURANT LA TERRASSE

Treat your date to one of the most opulent gourmet dining experiences in Bern. On a clear day, take in the fantastic view of the Alps from the eponymous terrace.

www.bellevue-palace.ch/en

KORNHAUSKELLER

My top tip for winter wooing. Step out of the cold and into the one-of-a-kind, history-steeped ambience of one of Bern's most special restaurants.

www.bindella.ch

ATMOSPHERIC

SCHWELLENMÄTTELI

My favorite place for love to simmer in the summer. Known as the Bernese Riviera, this unique location at the edge of the forest boasts views of the Aare and the Old Town above.

www.schwellenmaetteli.ch



COZY & CASUAL

RESTAURANT MUSIGBISTROT

Enjoy a delicious and romantic dinner in this welcoming bistro. Then stick around for a lovely concert (on Fridays and Saturdays) from one of the excellent international acts on the program.
www.musigbistrot.ch



LÖTSCHBERG

Casual and trendy, this is the choice for traditional food with a twist. Busy nights might be loud, so follow dinner with a quiet talk and arm-in-arm stroll through the twinkling Old Town.
www.loetschberg-aoc.ch



TREA'S FIRST DATE TIPS

SET THE SCENE Choose a restaurant that you think your date will like. Make sure it is reasonably convenient for them to get to, is cozy, and is not too noisy.

INTERESTED IS INTERESTING Ask your date about their interests and passions, favorite vacations, what they normally like to do on weekends, or movies they enjoy – get to know them!

BODY LANGUAGE COUNTS

Even when you're not speaking, your body is always communicating. Make sure your body language is open and engaged, and shows that you are interested in the other person.



KEEP IT POSITIVE A date is not the moment to complain. Do not fall into the trap of sharing negative stories. Instead, be in the present and enjoy the person you are with.

MAKE DATING A DELIGHT!

For Trea's top 10 first date tips and further information about SuccessMatch, visit www.helloswitzerland.ch/dating



ATMOSPHERIC

GURTEN PARK – BEL ETAGE

The quaint train ride up Bern's "local mountain" is the precursor to a romantic setting with a beautiful view of the city. Follow dinner with a stroll in the Gurten Park.

www.gurtenpark.ch/de-CH/Restaurants